

# 8 Essential Skills of a Healthy Team

58% of nurses feel their work environment is unhealthy.

## Build a Stronger Team

In today's fast-paced workplace, ensuring leaders and their team develop the skills they need to build a high-performing, cohesive team is essential for a healthy work culture.

Our workshop, *8 Essential Skills of a Healthy Team*, equips your leaders with the crucial skills needed to build and maintain high-performing, collaborative teams. Each skill focuses first on developing that skill as a leader and then second, developing that skill with their teams.

## Workshop Benefits

Your leaders will learn how to:

- communicate with honesty and respect as an interprofessional team
- address workplace bullying and incivility as a team
- create a culture of ongoing and relentless feedback
- strengthen collaboration and psychological safety  
...and more!

When your leaders develop these essential skills, they create **healthier, more collaborative workplaces**—one where people want to stay.

## Hear From Our Clients

Don't just take our word for it – hear from our clients who have transformed their teams and work environments.

**Renee was authentic and realistic**

**Energetic speaker Real life examples**

**Thought provoking presentation**

**All of it!** I appreciate that the tools for communication were evidence based

All the great scripts – very helpful!

Stories make learning relatable

**Engaging!** Very relatable stories

It was amazing! Loved the examples used to relate the material presented

Helpful tips and strategies

**Dynamic speaker**

Great presentation

Interactive and engaging

**Truly engaging!**

I was truly engaged the whole time!

Excellent content and speaker

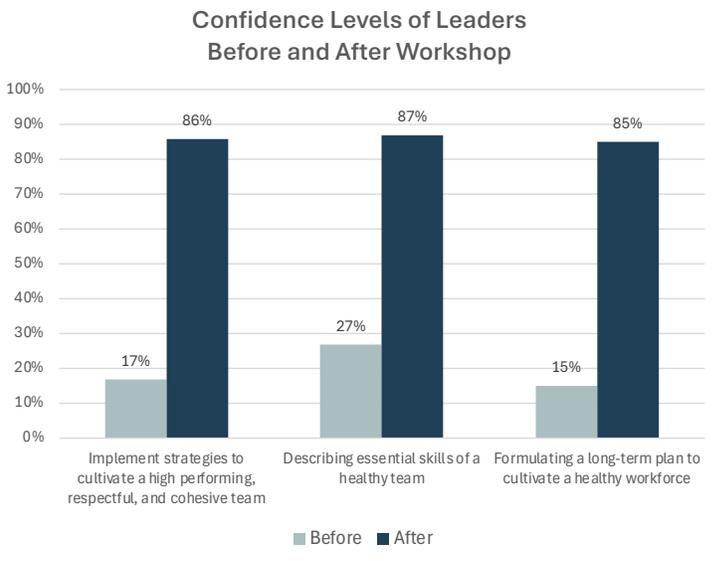
Interactive

Stories that brought the concepts to life

The stories to drive each point home were wonderful

## Outcomes

Leaders who have attended our *8 Essential Skills of a Healthy Team* workshop have shared their positive experiences and the tangible benefits they've seen in their teams.



**A strong, healthy team culture doesn't happen by chance — it happens by choice.**

Bring the *8 Essential Skills of a Healthy Team* workshop to your organization!  
Contact us today at [WeCare@HealthyWorkforceInstitute.com](mailto:WeCare@HealthyWorkforceInstitute.com)